



Pre-K 4 SA Menu: October 12th - 16th

(Cycle: Week 4, Day 16 - 20)

	MONDAY 12-Oct	TUESDAY 13-Oct	WEDNESDAY 14-Oct	THURSDAY 15-Oct	FRIDAY 16-Oct
Breakfast		WW Pancakes Turkey Sausage Links Seasonal Fresh Fruit Milk (Syrup)	Turkey & Swiss Bagel Sliced Turkey Swiss Cheese WW Bagel Cinnamon Peaches Milk	Breakfast Sandwich Egg Patty Sliced Cheese WW English Muffin Seasonal Fresh Fruit Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Diced Peaches Milk
Lunch	Student/Staff	Spaghetti & Chicken Meatballs Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Milk	Beef Hot Dog Beef Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk (Ketchup;Mustard)	Chicken Ranchero Grilled Chicken Patty Ranchero Sauce Spanish Brown Rice Pinto Beans Diced Pear Cup Milk	Hot Ham & Cheese Sandwich Sliced Ham Sliced Cheese WW Bread Seasoned Cauliflower Cinnamon Apples Milk
Snack		Alphabet Crackers 100% Apple Juice	Marranitos Mozzarella String Cheese	Cinnamon Cereal Bar Milk	Cheddar Rectangle WW Crackers
Late Snack		Baby Carrots Multi-Grain Sun Chips	White Cheddar Popcorn Mandarin Orange Cup	WG Vanilla Graham Applesauce Cup	WW Chocolate Chip Cookie Pineapple Tidbit Cup

The Child and Adult Care Food Program is the Texas Department of Agriculture's school nutrition education and outreach program, funded by the U.S. Department of Agriculture, Food and Nutrition Service. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 260-1026, (866) 632-9992 (toll free), or (202) 401-0216 (TDD). USDA is an equal opportunity provider and employer.

